



PRODUCT SPECIFICATION SHEET

Melinda's Gluten Free Goodies

MGFG103/MGFG112 Gluten Free Self Raising Flour (6 x 500g + 25kg)

Scope	This specification covers commercially packaged gluten free self raising flour prepared for the foodservice and catering markets.
Purpose	The purpose of this specification is to cover the physical, compositional, handling, transportation, usage, storage and other parameters in relation to this product.
Product Description	Creamy free flowing powder
Ingredients	Maize starch, tapioca starch, soy flour, rice flour and raising agents (575, 501, 500) & food starch (1422)
Methods of Preservation	Dry powder product,
Pack Variants	3.0kg/6.6lb Australian, European, Middle East and US markets
Packaging - Primary	High density clear PVC plastic bags
Packaging - Secondary	RSC: Flour Carton x 6, board grade 540W-B(2)
Storage Conditions	Ambient. Away from direct sunlight.
Distribution Method	Ambient food approved vehicle / container
Shelf Life	18 Months from date of manufacture.
Customer Preparation	Prepare as per label instructions.
Certification	Australian Coeliac Association, HACCP
Country of Origin	Product of Australia
Unit Barcode	934052700 0437 + 19340527001103

NUTRITION INFORMATION		dry mix	
SERVINGS PER PACKAGE :		12.5	
SERVING SIZE		40g	
		Qty PER 100 g	Qty PER Serve
ENERGY	kJ	1530	612
PROTEIN	g	11.5	4.6
FAT	TOTAL g	5.2	2.0
	saturated g	0.8	0.03
Carbohydrate	TOTAL g	65.5	26.2
	sugars g	2.0	0.8
SODIUM	mg	296	118
Gluten	mg	None detectable	None detectable

Nutritional information provided is theoretical only and has been calculated from information obtained from suppliers' specifications and food composition tables. All information is offered in good faith, without guarantee or obligation for the accuracy or sufficiency thereof.

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Approved by: Melinda Trembath, Owner	Date Issued: 1 March 2025	Replaces Issue: 4.0



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Allergen Declaration

ALLERGEN	YES/NO	DESCRIPTION (if yes)
Cereals containing gluten and their products	No	
Yeast and derivatives	No	
Crustacea and their products	No	
Egg and egg products	No	
Fish and fish products	No	
Milk and milk products	No	
Nuts, sesame seeds and their products	No	
Peanuts, soybeans and their products	Yes	Soy flour & lecithin
Added sulphites > 10/mg/kg	No	
Bee pollen	No	
Propolis	No	
Royal jelly present as a food or royal jelly present in food	No	
OTHER SENSITIVE SUBSTANCESPARAMETER	YES/NO	DESCRIPTION (if yes)
Corn and derivatives	Yes	Contains modified maize starch
Antioxidants BHA, BHT, tocopherols	No	
Flavour enhancers including MSG	No	
Artificial sweetener	No	
Preservative (s)	No	
Antioxidant (s)	No	
Hydrolysed Vegetable protein	No	
Herbs and Spice extracts	No	
Allium Genus (onion, spring onion, leek, garlic, other)	No	
Allium derivatives	No	
Legumes (beans, peas, lentils, bean sprouts)	No	
Animal and derivatives (animal flesh, bone stock, animal fat, gelatine, protein)	No	

Dietary status

Free from added MSG	Yes	Lacto-ovo	Yes
Free from artificial colour	Yes	Lacto-	Yes
Free from artificial flavouring	Yes	Vegan	Yes
Vegetarian	Yes	Suitable for coeliacs / gluten intolerant	Yes

Other Status

Kosher	Suitable, not certified
Halal	Suitable, not certified
Genetically modified	Non GMO
Irradiation	Not treated
Ethylene oxide	Not treated

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